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Dress Your Best: The Complete Guide To Finding The Style That's Right For Your Body



Synopsis

The 8 million fans of TLC's hottest show, *What Not to Wear*, know it as the place to go for real-life fashion advice. Now the show's hosts, Clinton Kelly and Stacy London, offer spot-on fashion wisdom "with an attitude" in this fully illustrated, authoritative, and irreverent fashion guide to dressing your best for every occasion. Clinton and Stacy's surefire method for boosting appearance rests on their belief that we can all win admiring glances by selecting clothes that play up our positives and create a balanced body shape. In *Dress Your Best*, Clinton and Stacy match a wide range of female and male body types with the perfect work, casual, and evening attire, showing you exactly how to make your best parts *work* for you. Dressing tips for 26 body types! Features 18 women and 8 men: bigger on top, bigger on bottom, a little extra in the middle, not curvy, extra curvy, small-framed, athletic, and more! Whether you're searching for a way to accentuate your assets, puzzling over the right print pattern for your frame, or just looking for a solution to the dilemma "What do I need to wear to look fabulous?" you'll find here the universal tips, dos and don'ts, seasonal alternatives, and must-haves that will deliver the answers. *Dress Your Best* is certain to become the standard by which all other fashion guides are measured.

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Customer Reviews

Like many of the other reviewers, I love Stacy and Clinton's TV show, and it has helped me greatly in weeding out pieces in my wardrobe and buying new clothes to replace them. When I discovered that they had published a book, I rented it from the local library immediately. In a way, I am glad I

rented it rather than purchasing it. I liked how the book not only broke down different styles by body type, but also used REAL people to demonstrate those body types. It was really easy to flip through and find the different sections that applied to my body type. As always, the information they presented for each body type was great, and the styles are pretty much guaranteed to work well. However, the book needed improvement in several areas. First of all, only six pages are dedicated to each body type, and while those six pages are informative, it would have been more helpful if they had given each type a few more styles and pointers. For example, in the "curvy" section, Stacy and Clinton recommend a skirt suit, which is great, but they didn't give any pointers for people who want to wear trousers occasionally. The book would have been greatly improved if they gave two or three different looks for work, weekend, and evening. Secondly, their suggestions were kind of static, meaning they assumed everybody works at a place requiring suits and trousers, everybody goes out for the evening in a cocktail dress, etc. Essentially, they did not make any attempt to curtail their wardrobe selections to individual life-styles. When they list at the front the "essential" pieces for a wardrobe, I found that several of them were really rather obsolete for me. I never go places where I need "evening" attire, for example.

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